



# Spa Menu

Seaview Patong Hotel

2 Taweewong Rd., Patong, Kathu, Phuket 83150

Tel. +66 76 341300-4 Fax. +66 76 340103

[info@seaviewphuket.com](mailto:info@seaviewphuket.com) / [rsvn@seaviewphuket.com](mailto:rsvn@seaviewphuket.com) / [www.seaviewphuket.com](http://www.seaviewphuket.com)

**1. *Asian Aroma – Oil Massage***

***60 mins.***

Before this pampering massage you are asked to choose your oil by the scent you are attracted to or by the feeling you would like to experience: Meditation, Patience, Clarity, Intention and Respect. This massage is deeply relaxing, using long, slow movements and strokes to help relax your mind and bring harmony to body, mind and spirit.

**2. *Swedish Massage***

***60 mins.***

Designed with the sports enthusiast in mind effective for loosening tight muscles associated with strenuous activity or exercise Light or medium pressure is customized to your personal needs.

**3. *Cream skin Care Massage***

***60 mins.***

Focusing on your soften and smooth skin, rub away your cares with soothing massage cream by aromatherapy conception.

**4. *Traditional Thai Massage***

***60 mins.***

***90 mins.***

This traditional Thai Massage is an ancient method of aligning and balancing the energies of the body. This massage originates from the time of Buddha. The technique uses firm thumb and palm pressure on the body's energy lines "Sen", as well as pressure points along with a variety of stretching movements. You will feel spiritually and physically refreshed, strengthened and rejuvenated.

**5. *Back Head Shoulder***

***30 mins.***

This ultimate massage uses smooth hand movements to relieve tension and stress. concentrating on the back head and shoulders.

**6. *Relaxation Foot Massage***

***45 mins.***

After a long walk on the beach, this is an ideal massage for your aching feet and legs. This holistic healing technique is far more than a foot massage. The reflex zone points on your feet will be stimulated, it will also help to restore balance and harmony to your body.

**7. *Anti-cellulite Massage***

***60 mins.***

A specialized massage for cellulite reduction, this massage features a cellulite cream to leaving your body feeling firm.

*All prices are subject to 10% service charge and applicable government tax.*

### **1. Aromatic Salt Scrub**

**45 mins.**

Designed to remove dead dry skin and restore total balance to your body mind and spirit, this rejuvenating scrub uses your choice of sea salt and is a perfect preparation for other treatments to follow benefits combine.

### **2. Softening Cream Body Scrub**

**45 mins.**

To renew and refresh your skin cells to promote a happier and healthier.

### **3. Honey Seed Scrub**

**45 mins.**

This treatment make skin smoother by honey and perfectly to removed dead skin cells revealing fresh supple skin.

### **4. Dead Sea Mud Mask**

**60 mins**

Dead sea mud and natural extracts absorbs toxins, cleans up dirt embedded in pores and helps rejuvenate the skin, Dead sea mud composes of mineral elements including magnesium chloride, sodium chloride and potassium chloride which are essential for firmed and healthy skin. Rice bran and olive extracts moisturize and soften the skin

### **5. After Sun Feather Treatment**

**60 mins.**

Perfect moisture and body masque to accompany a sunbathing, uses the calming properties of aloe vera to re-hydrate the skin while the anti oxidant. This is a perfect treatment for those who had a long day in the sun.

### **6. Herbal Steam**

**30 mins.**

Mixed Thai Herb Heat Treatment with a set of Herbs mixed with camphor.

### **7. Herbal Bath**

**30 mins.**

To prepare shredded, freshly gathered herbs mixed in warm water in the bathtub. Lying submerged in aromatic herbal bath helps ease breathing, clears the brain and assist blood circulation. (Safflower or Mixed Herbal or Mineral)

### **1. Purifying Facial**

**60 mins.**

Purify and promote beautifully radiant skin, offers cleansing, toning, exfoliation and revitalizing mask for both male and female.

### **2. Rejuvenate Facial**

**60 mins.**

To combat ageing stressed and slackened skin, this facial instantly firms, rejuvenates and plumps up the skin, whilst reducing all wrinkle, Skin is left incredibly clean, smooth and radiant bringing a renewed bevel of evenness and clarity to the complexion.

### **3. Traditional Thai Facial**

**60 mins.**

Using fresh thai fruit and traditional white clay. This facial gentlies cleans and tones the skin. Perfect for those who are stressed or fatigued.

### **4. Sun Kissed Facial Treatment**

**30 mins.**

For sunburn or after exercise. Return the cool moisture to your skin, sense the calming effect on your skin once again.

## Beauty Salon Service

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Shampoo and Blow Dry

Manicure or Pedicure

Bikini (Waxing)

Brow/Lip (Waxing)

Leg (Half Leg) Waxing

Leg (Full Leg) Waxing

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| <b>1. <i>Stress Away</i></b><br>Aromatic salt scrub<br>Swedish massage   | <b>2 hrs.</b>   |
| <b>2. <i>Moment of Andaman</i></b><br>Aromatherapy massage<br>Facial massage   | <b>2 hrs.</b>   |
| <b>3. <i>Jet Lag</i></b><br>Herbal steam<br>Honey seed scrub<br>Herbal bath<br>Swedish massage                               | <b>2.5 hrs.</b> |
| <b>4. <i>Andaman Healthy</i></b><br>Herbal steam<br>Foot massage<br>Aromatherapy massage                                     | <b>2 hrs.</b>   |
| <b>5. <i>Touch of love (for 2)</i></b><br>Honey seed scrub<br>Herbal bath<br>Aromatherapy massage<br>Traditional thai facial | <b>3 hrs.</b>   |

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**Operation Time: 11.00 am. – 08.00 pm.**

